Nutritional Information

Caramel Toffee Ice Cream
Serving Size: 0.5 cups - 2.9 oz
Servings per Container: about 257
**Calories** 280
**Calories from Fat** 116
**Total Fat** 13g
Saturated Fat 7g
Trans Fat 0g
**Cholesterol** 40 mg
**Sodium** 150 mg
**Total Carbohydrates** 38g

*Ingredients:* Ice Cream Mix (cream, nonfat milk, sugar, corn syrup, whey [milk], dextrose, guar gum, locust bean gum, and carageenan], Caramel Syrup (corn syrup, water, high fructose corn syrup, sugar, butter, buttermilk powder, skim milk powder, pectin, mono and diglycerides, salt, sodium bicarbonate, potassium sorbate, sodium citrate, and xanthan gum), Chocolate Butter Toffee (sugar, coconut oil, butter [milk], corn syrup, peanut oil, brown sugar, cocoa processed with alkali, salt, natural flavor [milk], almonds, and soy lecithin), Pure Vanilla Extract (water, alcohol, sugar, and vanilla bean extractives)]

*Allergens:* milk, soy, tree nuts. This product is processed in a facility that contains peanuts and tree nuts and may contain traces of those products.

Black Forest Ice Cream
Serving Size: 0.5 cups - 2.9 oz
Servings per Container: about 4
**Calories** 210
**Calories from Fat** 102
**Total Fat** 11g
Saturated Fat 5g
Trans Fat 0g
**Cholesterol** 35 mg
**Sodium** 70 mg
**Total Carbohydrates** 24g
**Ingredients:** [Ice Cream Mix (cream, nonfat milk, sugar, corn syrup, whey [milk], dextrose, guar gum, locust bean gum, and carageenan), Black Sweet Cherries (cherries, water, corn syrup, sugar, modified food starch, carageenan, locust bean gum, citric acid, sodium benzoate, potassium sorbate, natural flavors, red 40, blue 2, and blue 1), Chocolate Sauce (sugar, water, cocoa processed with alkali, chocolate liquor, cocoa, salt, glycerol monostearate, potassium sorbate, and phosphoric acid), Quartered Cream Cookies (powdered sugar, unbleached wheat flour, shortening [partially hydrogenated soybean oil], cocoa processed with alkali, sugar, milk powder, caramel color, chocolate liquor, natural vanilla, baking soda, salt, soy lecithin, and ammonium bicarbonate0, Fudge Sauce (sugar, peanut oil, cocoa processed with alkali, whey powder [milk], salt, and soy lecithin)]

**Allergens:** milk, soy, wheat. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.

### Chocolate Chocolate Chip Ice Cream
- **Serving Size:** 0.5 cups-2.9 oz
- **Servings per Container:** about 4
- **Calories:** 200
- **Calories from Fat:** 105
- **Total Fat:** 12g
- **Saturated Fat:** 6g
- **Trans Fat:** 0g
- **Cholesterol:** 40mg
- **Sodium:** 80mg
- **Total Carbohydrates:** 21g

**Ingredients:** [Ice Cream Mix (cream, nonfat milk, sugar, corn syrup, whey [milk], dextrose, guar gum, locust bean gum, and carageenan), Chocolate Chips (sugar, chocolate liquor, cocoa butter, dextrose, soy lecithin, salt, and vanilla), Chocolate Flavor Powder (cocoa processed with alkali, sugar, salt, carageenan, and pure vanilla)]

**Allergens:** milk, soy. This product is processed in a facility that contains peanuts and tree nuts and may contain traces of those products.

### Banana Pudding Ice Cream
- **Serving Size:** 0.5 cup-2.9 oz
- **Servings per Container:** about 4
- **Calories:** 210
- **Calories from Fat:** 92
- **Total Fat:** 10g
- **Saturated Fat:** 6g
- **Trans Fat:** 0g
- **Cholesterol:** 30mg
- **Sodium:** 60mg
- **Total Carbohydrates:** 26g

**Ingredients:** [Ice Cream Mix (cream, nonfat milk, sugar, corn syrup, whey [milk], dextrose, guar gum, locust bean gum, and carageenan), Banana Puree (bananas, sugar, and natural flavor), Marshmallow Ripple Flavor (corn syrup, water, sugar,
modified corn starch, titanium dioxide, artificial flavor, potassium sorbate, and citric acid), Yellow Cake Pieces (unbleached wheat flour, sugar, palm oil, water, nonfat milk powder, salt, and natural flavors), Graham Cracker Crumbs (sugar, bleached wheat flour, partially hydrogenated cottonseed oil, partially hydrogenated soybean oil, whole wheat flour, salt, molasses, cinnamon, sodium bicarbonate, caramel color, soy lecithin, natural flavor, and sorbic acid)]

**Allergens:** milk, soy, wheat. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.

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**Batters Up Ice Cream**

Serving Size: 0.5 cups-2.9 oz
Servings per Container: about 4

**Calories** 210

**Calories from Fat** 105

**Total Fat** 12g
  - Saturated Fat 6g
  - Trans Fat 0g

**Cholesterol** 60mg

**Sodium** 70mg

**Total Carbohydrates** 23g

**Ingredients:** [Ice Cream Mix (cream, nonfat milk, sugar, corn syrup, whey [milk], dextrose, guar gum, locust bean gum, and carageenan), Yellow Cake Pieces (unbleached wheat flour, sugar, palm oil, water, nonfat milk powder, salt, and natural flavors), Yellow Batter Base (egg yolk, corn syrup, sugar, water, artificial flavor, salt, and potassium sorbate), and Pure Vanilla Extract (water, alcohol, sugar, and vanilla bean extractives)]

**Allergens:** egg, milk, wheat. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.

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**Blueberry Cheesecake Ice Cream**

Serving Size: 0.5 cups-2.9 oz
Servings per Container: about 4

**Calories** 200

**Calories from Fat** 100

**Total Fat** 11 g
  - Saturated Fat 6 g
  - Trans Fat 0 g

**Cholesterol** 40mg

**Sodium** 90mg

**Total Carbohydrates** 22g

**Ingredients:** [Ice Cream Mix (cream, nonfat milk, sugar, corn syrup, whey [milk], dextrose, guar gum, locust bean gum, and carageenan), Graham Cracker Crumbs (sugar, bleached wheat flour, partially hydrogenated cottonseed oil, partially hydrogenated soybean oil, whole wheat flour, salt, molasses, cinnamon, sodium bicarbonate, caramel color, soy lecithin, natural flavor, and sorbic acid), Blueberry Chunk (blueberries, sugar, water, modified corn starch, natural flavor, and sodium]
benzoate), Frommage Flavor Base (water, sugar, cream cheese [cultured pasteurized milk and cream, salt, enzymes], corn syrup, natural flavors, salt, pectin, egg yolks, sodium citrate, titanium dioxide, mono and diglycerides, phosphoric acid, monocalcium phosphate, glycerol monostearate, disodium phosphate, and potassium sorbate)]

**Allergens:** egg, milk, soy, wheat. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.

### Buffalo Chip Ice Cream

<table>
<thead>
<tr>
<th>Serving Size: 0.5 cups-2.9 oz</th>
<th>Servings per Container: about 4</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Calories</strong></td>
<td>220</td>
</tr>
<tr>
<td><strong>Calories from Fat</strong></td>
<td>121</td>
</tr>
<tr>
<td><strong>Total Fat</strong></td>
<td>13 g</td>
</tr>
<tr>
<td><strong>Saturated Fat</strong></td>
<td>7 g</td>
</tr>
<tr>
<td><strong>Trans Fat</strong></td>
<td>0 g</td>
</tr>
<tr>
<td><strong>Cholesterol</strong></td>
<td>40 mg</td>
</tr>
<tr>
<td><strong>Sodium</strong></td>
<td>70 mg</td>
</tr>
<tr>
<td><strong>Total Carbohydrates</strong></td>
<td>20g</td>
</tr>
</tbody>
</table>

**Ingredients:** [Ice Cream Mix (cream, nonfat milk, sugar, corn syrup, whey [milk], dextrose, guar gum, locust bean gum, and carageenan), Mini Peanut Butter Cups (coating [sugar, coconut oil, cocoa processed with alkali, nonfat milk, milk, partially hydrogenated palm oil, soy lecithin, natural flavors], and peanut butter [peanuts, salt]), Fudge Sauce (sugar, peanut oil, cocoa processed with alkali, whey powder (milk), salt, and soy lecithin), Pure Vanilla Extract (water, alcohol, sugar, and vanilla bean extractives)]

**Allergens:** milk, peanuts, soy. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.

### Cherry Chip Frozen Yogurt

<table>
<thead>
<tr>
<th>Serving Size: 0.5 cup-2.6 oz</th>
<th>Servings per Container: about 4</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Calories</strong></td>
<td>130</td>
</tr>
<tr>
<td><strong>Calories from Fat</strong></td>
<td>31</td>
</tr>
<tr>
<td><strong>Total Fat</strong></td>
<td>3.5g</td>
</tr>
<tr>
<td><strong>Saturated Fat</strong></td>
<td>2g</td>
</tr>
<tr>
<td><strong>Trans Fat</strong></td>
<td>0g</td>
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<tr>
<td><strong>Cholesterol</strong></td>
<td>10mg</td>
</tr>
<tr>
<td><strong>Sodium</strong></td>
<td>40mg</td>
</tr>
<tr>
<td><strong>Total Carbohydrates</strong></td>
<td>22g</td>
</tr>
</tbody>
</table>

**Ingredients:** [Yogurt Mix (low fat milk, cultured skim milk, sugar, corn syrup, cream, whey, nonfat dry milk, mono and diglycerides, cellulose gum, polysorbate 80, carageenan, locust bean gum, and guar gum), Black Sweet Cherries (cherries, water, corn syrup, sugar, modified food starch, carageenan, locust bean gum, citric acid, sodium benzoate, potassium sorbate, natural flavors, red 40, blue 2, and blue 1), Chocolate Chips (sugar, chocolate liquor, cocoa butter, dextrose, soy lecithin, salt, and vanilla], Black Cherry Flavor]
**Allergens:** milk, soy. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.

### Chocolate Cheesecake Ice Cream

| Serving Size: 0.5 cups-2.9 oz | Calories: 210 |
| servings per container: about 4 | Calories from Fat: 111 |
| Total Fat: 12g | Saturated Fat: 6g |
| Trans Fat: 0g | Cholesterol: 40mg |
| Sodium: 100mg | Total Carbohydrates: 22g |

**Ingredients:** Ice Cream Mix (cream, nonfat milk, sugar, corn syrup, whey [milk], dextrose, guar gum, locust bean gum, and carageenan), Frommage Flavor Base (water, sugar, cream cheese [cultured pasteurized milk and cream, salt, enzymes], corn syrup, natural flavors, salt, pectin, egg yolks, sodium citrate, titanium dioxide, mono and diglycerides, phosphoric acid, monocalcium phosphate, glycerol monostearate, disodium phosphate, and potassium sorbate), Graham Cracker Crumbs (sugar, bleached wheat flour, partially hydrogenated cottonseed oil, partially hydrogenated soybean oil, whole wheat flour, salt, molasses, cinnamon, sodium bicarbonate, caramel color, soy lecithin, natural flavor, and sorbic acid), Fudge Sauce (sugar, bleached wheat flour, partially hydrogenated cottonseed oil, partially hydrogenated soybean oil, whole wheat flour, salt, molasses, cinnamon, sodium bicarbonate, caramel color, soy lecithin, natural flavor, and sorbic acid), Chocolate Cheesecake Ice Cream allergens: egg, milk, soy, wheat. This product is processed in a facility that contains peanuts and tree nuts and may contain traces of those products.

### Chocolate Cookie Dough Frozen Yogurt

| Serving Size: 0.5 cups-2.6 oz | Calories: 140 |
| servings per container: about 4 | Calories from Fat: 33 |
| Total Fat: 3g | Saturated Fat: 2g |
| Trans Fat: 0g | Cholesterol: 10mg |
| Sodium: 55mg | Total Carbohydrates: 25g |

**Ingredients:** Yogurt Mix (low fat milk, cultured skim milk, sugar, corn syrup, cream, whey, nonfat dry milk, mono and diglycerides, cellulose gum, polysorbate 80, carageenan, locust bean gum, and guar gum), Natural Chocolate Sauce (sugar, water, cocoa processed with alkali, chocolate liquor, cocoa, salt, glycerol monostearate, potassium sorbate, and phosphoric acid), Cookie Dough Pieces (wheat flour, brown sugar, sugar, partially hydrogenated soybean oil, chocolate chips [sugar, chocolate liquor, cocoa butter, and soy lecithin], water, natural flavors, soy lecithin, salt, and baking soda), Dark Chocolate Flakes (sugar, coconut oil, cocoa processed with alkali,
<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Calories</th>
<th>Calories from Fat</th>
<th>Total Fat</th>
<th>Saturated Fat</th>
<th>Trans Fat</th>
<th>Cholesterol</th>
<th>Sodium</th>
<th>Total Carbohydrates</th>
<th>Allergens</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yogurt Mix (low fat milk, cultured skim milk, sugar, corn syrup, cream,</td>
<td>120</td>
<td>27</td>
<td>3g</td>
<td>1g</td>
<td>0g</td>
<td>10mg</td>
<td>60mg</td>
<td>20g</td>
<td>milk</td>
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<td>whey, nonfat dry milk, mono and diglycerides, cellulose gum, polysorbate</td>
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<td>80, carageenan, locust bean gum, and guar gum), Chocolate Flavor Powder</td>
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<td>(cocoa processed with alkali, sugar, salt, carageenan, and pure vanilla))</td>
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<tr>
<td>Chocolate Ice Cream</td>
<td>200</td>
<td>102</td>
<td>11g</td>
<td>6g</td>
<td>0g</td>
<td>40mg</td>
<td>80mg</td>
<td>19g</td>
<td>milk</td>
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<tr>
<td>Ice Cream Mix (cream, nonfat milk, sugar, corn syrup, whey [milk],</td>
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<td>dextrose, guar gum, locust bean gum, and carageenan), Chocolate Flavor</td>
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<td>Powder (cocoa processed with alkali, sugar, salt, carageenan, and pure</td>
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<td>vanilla)]</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Buttery Pecan Frozen Yogurt</td>
<td>130</td>
<td>47</td>
<td>5g</td>
<td></td>
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</tbody>
</table>

Allergens: milk. This product is processed in a facility that contains peanuts and tree nuts and may contain traces of those products.
<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Saturated Fat</th>
<th>Trans Fat</th>
<th>Cholesterol</th>
<th>Sodium</th>
<th>Total Carbohydrates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yogurt Mix (low fat milk, cultured skim milk, sugar, corn syrup, cream, whey, nonfat dry milk, mono and diglycerides, cellulose gum, polysorbate 80, carageenan, locust bean gum, and guar gum), Pecans, Butter Pecan Flavor Base (corn syrup, water, salt, barley malt extract, high fructose corn syrup, molasses, sugar, natural flavor [milk], caramel color, propylene glycol alginate, and potassium sorbate)</td>
<td>2g</td>
<td>0g</td>
<td>10mg</td>
<td>100mg</td>
<td>19g</td>
</tr>
<tr>
<td>Allergens: milk, tree nuts. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.</td>
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</tr>
</tbody>
</table>

### Butter Pecan Ice Cream

- **Serving Size:** 0.5 cups
- **Servings per Container:** about 241
- **Calories:** 209
- **Calories from Fat:** 120
- **Total Fat:** 13g
- **Saturated Fat:** 6g
- **Trans Fat:** 0g
- **Cholesterol:** 40mg
- **Sodium:** 120mg
- **Total Carbohydrates:** 19g

**Ingredients:** Ice Cream Mix [cream, nonfat milk, sugar, corn syrup, whey (milk), dextrose, guar gum, locust bean gum, and carageenan], Pecans, Pecan Base (Natural Butter Pecan Type Flavor Base (Butter Pecan Flavor Base [corn syrup, water, salt, barley malt extract, high fructose corn syrup, molasses, sugar, natural flavor (milk), caramel color, propylene glycol alginate, and potassium sorbate]))

**Allergens:** barley, tree nuts, milk, malt

### Caramel Malted Ice Cream

- **Serving Size:** 0.5 cups-2.9 oz
- **Servings per Container:** about 4
- **Calories:** 280
- **Calories from Fat:** 106
- **Total Fat:** 12g
- **Saturated Fat:** 7g
- **Trans Fat:** 0g
- **Cholesterol:** 40mg
- **Sodium:** 135mg
- **Total Carbohydrates:** 40g

**Ingredients:** Ice Cream Mix (cream, nonfat milk, sugar, corn syrup, whey [milk], dextrose, guar gum, locust bean gum, and carageenan), Caramel Syrup (corn syrup, water, high fructose corn syrup, sugar, butter, buttermilk powder, skim milk powder, pectin, mono and diglycerides, salt, sodium bicarbonate, potassium sorbate, sodium
citrate, and xanthan gum), Malted Milk Balls (sugar, whey [milk], partially hydrogenated palm kernel oil, corn syrup, malted milk [barley malt, wheat flour, milk, salt, sodium bicarbonate], cocoa, soy lecithin, resinous glaze, sorbitan tristearate, natural flavor, artificial flavor, calcium carbonate, tapioca dextrin, and salt), Chocolate Malt Syrup [water, corn syrup, malt powder, cocoa, sugar, modified corn starch, carageenan, potassium sorbate, and sorbic acid]

**Allergens:** milk, soy, wheat. This product is processed in a facility that contains peanuts and tree nuts and may contain traces of those products.

### Caramel Praline Pecan Frozen Yogurt

<table>
<thead>
<tr>
<th>Serving Size: 0.5 cup-2.6 oz</th>
</tr>
</thead>
<tbody>
<tr>
<td>Servings per Container: about 4</td>
</tr>
<tr>
<td>Calories: 210</td>
</tr>
<tr>
<td>Calories from Fat: 41</td>
</tr>
<tr>
<td>Total Fat: 4.5g</td>
</tr>
<tr>
<td>Saturated Fat: 3g</td>
</tr>
<tr>
<td>Trans Fat: 0g</td>
</tr>
<tr>
<td>Cholesterol: 15mg</td>
</tr>
<tr>
<td>Sodium: 120mg</td>
</tr>
<tr>
<td>Total Carbohydrates: 40g</td>
</tr>
</tbody>
</table>

**Ingredients:** [Yogurt Mix (low fat milk, cultured skim milk, sugar, corn syrup, cream, whey, nonfat dry milk, mono and diglycerides, cellulose gum, polysorbate 80, carageenan, locust bean gum, and guar gum), Caramel Syrup (corn syrup, water, high fructose corn syrup, sugar, butter, buttermilk powder, skim milk powder, pectin, mono and diglycerides, salt, sodium bicarbonate, potassium sorbate, sodium citrate, and xanthan gum), Praline Pecan Pieces (sugar, pecans, butter [milk], and corn syrup), Pure Vanilla Extract (water, alcohol, sugar, and vanilla bean extractives)]

**Allergens:** milk, tree nuts. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.

### Caramel Toffee Ice Cream

<table>
<thead>
<tr>
<th>Serving Size: 0.5 cups-2.9 oz</th>
</tr>
</thead>
<tbody>
<tr>
<td>Servings per Container: about 257</td>
</tr>
<tr>
<td>Calories: 280</td>
</tr>
<tr>
<td>Calories from Fat: 116</td>
</tr>
<tr>
<td>Total Fat: 13g</td>
</tr>
<tr>
<td>Saturated Fat: 7g</td>
</tr>
<tr>
<td>Trans Fat: 0g</td>
</tr>
<tr>
<td>Cholesterol: 40mg</td>
</tr>
<tr>
<td>Sodium: 150mg</td>
</tr>
<tr>
<td>Total Carbohydrates: 38g</td>
</tr>
</tbody>
</table>

**Ingredients:** Ice Cream Mix (cream, nonfat milk, sugar, corn syrup, whey [milk], dextrose, guar gum, locust bean gum, and carageenan), Caramel Syrup (corn syrup, water, high fructose corn syrup, sugar, butter, buttermilk powder, skim milk powder, pectin, mono and diglycerides, salt, sodium bicarbonate, potassium sorbate, sodium citrate, and xanthan gum), Chocolate Butter Toffee (sugar, coconut oil, butter [milk],
corn syrup, peanut oil, brown sugar, cocoa processed with alkali, salt, natural flavor [milk], almonds, and soy lecithin), Pure Vanilla Extract (water, alcohol, sugar, and vanilla bean extractives)]

**Allergens:** milk, soy, tree nuts. This product is processed in a facility that contains peanuts and tree nuts and may contain traces of those products.

**Chocolate Mint Cookie Frozen Yogurt**

Serving Size: 0.5 cups-2.6 oz  
Servings per Container: about 4  
**Calories** 140  
**Calories from Fat** 31  
**Total Fat** 3g  
Saturated Fat 1g  
Trans Fat 0g  
**Cholesterol** 10mg  
**Sodium** 50mg  
**Total Carbohydrates** 24g  
**Ingredients:** [Yogurt Mix (low fat milk, cultured skim milk, sugar, corn syrup, cream, whey, nonfat dry milk, mono and diglycerides, cellulose gum, polysorbate 80, carageenan, locust bean gum, and guar gum), Chocolate Sauce (sugar, water, cocoa processed with alkali, chocolate liquor, cocoa, salt, glycerol monostearate, potassium sorbate, and phosphoric acid), Quartered Cream Cookies (powdered sugar, unbleached wheat flour, shortening [partially hydrogenated soybean oil], cocoa processed with alkali, sugar, milk powder, caramel color, chocolate liquor, natural vanilla, baking soda, salt, soy lecithin, and ammonium bicarbonate), Peppermint Flavor]

**Allergens:** milk, soy, wheat. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.

**Chocolate Peanut Butter Swirl Frozen Yogurt**

Serving Size: 0.5 cups-2.6 oz  
Servings per Container: about 4  
**Calories** 160  
**Calories from Fat** 51  
**Total Fat** 5g  
Saturated Fat 2g  
Trans Fat 0g  
**Cholesterol** 10mg  
**Sodium** 70mg  
**Total Carbohydrates** 24g  
**Ingredients:** Yogurt Mix (low fat milk, cultured skim milk, sugar, corn syrup, cream, whey, nonfat dry milk, mono and diglycerides, cellulose gum, polysorbate 80, carageenan, locust bean gum, and guar gum), Chocolate Sauce (sugar, water, cocoa processed with alkali, chocolate liquor, cocoa, salt, glycerol monostearate, potassium sorbate, and phosphoric acid), Peanut Butter Base (peanuts, cottonseed oil and/or peanut oil, high fructose corn syrup, and salt), Chocolate Chips (sugar, chocolate liquor, cocoa butter, dextrose, soy lecithin, salt, and vanilla)]
**Allergens:** milk, peanuts, soy. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.

**Cinnamon Crumb Cake Frozen Yogurt**
Serving Size: 0.5 cups-2.6 oz
Servings per Container: about 4
**Calories** 140
**Calories from Fat** 35
**Total Fat** 3g
Saturated Fat 1g
Trans Fat 0g
**Cholesterol** 10mg
**Sodium** 60mg
**Total Carbohydrates** 24g
**Ingredients:** [Yogurt Mix (low fat milk, cultured skim milk, sugar, corn syrup, cream, whey, nonfat dry milk, mono and diglycerides, cellulose gum, polysorbate 80, carageenan, locust bean gum, and guar gum), Brown Sugar Cinnamon Swirl (brown sugar, high fructose corn syrup, water, modified corn starch, cinnamon, molasses, salt, potassium sorbate, and natural flavor), Graham Cracker Crumbs (sugar, bleached wheat flour, partially hydrogenated cottonseed oil, partially hydrogenated soybean oil, whole wheat flour, salt, molasses, cinnamon, sodium bicarbonate, caramel color, soy lecithin, natural flavor, and sorbic acid), Ground Cinnamon]
**Allergens:** milk, soy, wheat. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.

**Cinnamon Ice Cream**
Serving Size: 0.5 cups-2.9 oz
Servings per Container: about 235
**Calories** 190
**Calories from Fat** 98
**Total Fat** 11g
Saturated Fat 6g
Trans Fat 0g
**Cholesterol** 40mg
**Sodium** 60mg
**Total Carbohydrates** 20g
**Ingredients:** [Ice Cream Mix (cream, nonfat milk, sugar, corn syrup, whey [milk], dextrose, guar gum, locust bean gum, and carageenan), Brown Sugar Cinnamon Swirl (brown sugar, high fructose corn syrup, water, modified corn starch, cinnamon, molasses, salt, potassium sorbate, and natural flavor), Ground Cinnamon]
**Allergens:** milk. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.

**Coconut Crunch Frozen Yogurt**
Serving Size: 0.5 cups-2.6 oz
Servings per Container: about 4
**Coconut Ice Cream**

Serving Size: 0.5 cups-2.9 oz  
Servings per Container: 4  
**Calories** 200  
**Calories from Fat** 100  
**Total Fat** 11g  
Saturated Fat 6g  
Trans Fat 0g  
**Cholesterol** 40mg  
**Sodium** 60mg  
**Total Carbohydrates** 22g  
**Ingredients:** Ice Cream Mix (cream, nonfat milk, sugar, corn syrup, whey [milk], dextrose, guar gum, locust bean gum, and carageenan), Coconut Ice Cream Base (sugar, water, corn syrup, coconut, sodium benzoate, citric acid, propylene glycol alginate, natural flavor, artificial flavor, and locust bean gum)]  
**Allergens:** milk, tree nuts. This product contains sulfites. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.

**Coffee N Cookies Frozen Yogurt**

Serving Size: 0.5 cups-2.6 oz  
Servings per Container: about 4  
**Calories** 120  
**Calories from Fat** 32  
**Total Fat** 3g  
Saturated Fat 1g  
Trans Fat 0g  
**Cholesterol** 10mg
| Sodium | 50mg |
| Total Carbohydrates | 20g |
| **Ingredients:** | Yogurt Mix (low fat milk, cultured skim milk, sugar, corn syrup, cream, whey, nonfat dry milk, mono and diglycerides, cellulose gum, polysorbate 80, carageenan, locust bean gum, and guar gum), Quartered Cream Cookies (powdered sugar, unbleached wheat flour, shortening [partially hydrogenated soybean oil], cocoa processed with alkali, sugar, milk powder, caramel color, chocolate liquor, natural vanilla, baking soda, salt, soy lecithin, and ammonium bicarbonate), Coffee Flavor |
| **Allergens:** | milk, soy, wheat. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products. |

| Coffee and Toffee Frozen Yogurt |
| Serving Size: 0.5 cups-2.6 oz |
| Servings per Container: about 4 |
| Calories | 140 |
| Calories from Fat | 39 |
| Total Fat | 4g |
| Saturated Fat | 2g |
| Trans Fat | 0g |
| Cholesterol | 10mg |
| Sodium | 60mg |
| Total Carbohydrates | 22g |
| **Ingredients:** | Yogurt Mix (low fat milk, cultured skim milk, sugar, corn syrup, cream, whey, nonfat dry milk, mono and diglycerides, cellulose gum, polysorbate 80, carageenan, locust bean gum, and guar gum), Chocolate Butter Toffee (sugar, coconut oil, butter [milk], corn syrup, peanut oil, brown sugar, cocoa processed with alkali, salt, natural flavor [milk], almonds, and soy lecithin), Coffee Flavor |
| **Allergens:** | milk, soy, tree nuts. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products. |

| Cookie Dough Frozen Yogurt |
| Serving Size: 0.5 cups-2.6 oz |
| Servings per Container: about 4 |
| Calories | 130 |
| Calories from Fat | 36 |
| Total Fat | 4g |
| Saturated Fat | 2g |
| Trans Fat | 0g |
| Cholesterol | 10mg |
| Sodium | 50mg |
| Total Carbohydrates | 22g |
| **Ingredients:** | Yogurt Mix (low fat milk, cultured skim milk, sugar, corn syrup, cream, whey, nonfat dry milk, mono and diglycerides, cellulose gum, polysorbate 80, carageenan, locust bean gum, and guar gum), Cookie Dough Pieces (wheat flour, brown sugar, sugar, partially hydrogenated soybean oil, chocolate chips [sugar, chocolate liquor, cocoa butter, and soy lecithin], water, natural flavors, soy lecithin, salt, |
Coffee Ice Cream
Serving Size: 0.5 cups-2.9 oz
Servings per Container: about 4
Calories 190
Calories from Fat 101
Total Fat 11g
Saturated Fat 6g
Trans Fat 0g
Cholesterol 40mg
Sodium 60mg
Total Carbohydrates 18g
Ingredients: [Ice Cream Mix (cream, nonfat milk, sugar, corn syrup, whey [milk], dextrose, guar gum, locust bean gum, and carageenan), Coffee Flavor]
Allergens: milk. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.

Cookie Dough Ice Cream
Serving Size: 0.5 cups-2.9 oz
Servings per Container: about 4
Calories 210
Calories from Fat 106
Total Fat 12g
Saturated Fat 6g
Trans Fat 0g
Cholesterol 40mg
Sodium 70mg
Total Carbohydrates 21g
Ingredients: Ice Cream Mix (cream, nonfat milk, sugar, corn syrup, whey [milk], dextrose, guar gum, locust bean gum, and carageenan), Cookie Dough Pieces (wheat flour, brown sugar, sugar, partially hydrogenated soybean oil, chocolate chips [sugar, chocolate liquor, cocoa butter, and soy lecithin], water, natural flavors, soy lecithin, salt, and baking soda), Dark Chocolate Flakes (sugar, coconut oil, cocoa processed with alkali, partially hydrogenated coconut oil, cocoa, salt, soy lecithin, and natural flavor), Pure Vanilla Extract (water, alcohol, sugar, and vanilla bean extractives)]
Allergens: milk, soy, wheat. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.

Mocha Chip Frozen Yogurt
Serving Size: 0.5 cups-2.6 oz
Servings per Container: about 4
Calories 130
<table>
<thead>
<tr>
<th>Calories from Fat</th>
<th>33</th>
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<tbody>
<tr>
<td>Total Fat</td>
<td>3g</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>2g</td>
</tr>
<tr>
<td>Trans Fat</td>
<td>0g</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>10mg</td>
</tr>
<tr>
<td>Sodium</td>
<td>40mg</td>
</tr>
<tr>
<td>Total Carbohydrates</td>
<td>21g</td>
</tr>
</tbody>
</table>

**Ingredients:** [Yogurt Mix (low fat milk, cultured skim milk, sugar, corn syrup, cream, whey, nonfat dry milk, mono and diglycerides, cellulose gum, polysorbate 80, carageenan, locust bean gum, and guar gum), Chocolate Chips (sugar, chocolate liquor, cocoa butter, dextrose, soy lecithin, salt, and vanilla), Chocolate Sauce (sugar, water, cocoa processed with alkali, chocolate liquor, cocoa, salt, glycerol monostearate, potassium sorbate, and phosphoric acid), Coffee Flavor]

**Allergens:** milk, soy. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.

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**Muddy Waters Ice Cream**

Serving Size: 0.5 cups-2.9 oz

Servings per Container: about 4

<table>
<thead>
<tr>
<th>Calories</th>
<th>220</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories from Fat</td>
<td>115</td>
</tr>
<tr>
<td>Total Fat</td>
<td>13g</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>7g</td>
</tr>
<tr>
<td>Trans Fat</td>
<td>0g</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>40mg</td>
</tr>
<tr>
<td>Sodium</td>
<td>120mg</td>
</tr>
<tr>
<td>Total Carbohydrates</td>
<td>23g</td>
</tr>
</tbody>
</table>

**Ingredients:** [Ice Cream Mix (cream, nonfat milk, sugar, corn syrup, whey [milk], dextrose, guar gum, locust bean gum, and carageenan), French Silk Chocolate Syrup (high fructose corn syrup, nonfat milk, butter, corn syrup, chocolate liquor, sugar, sodium citrate, whey, vanilla extract, potassium sorbate, disodium phosphate, locust bean gum, guar gum, and soy lecithin), Quartered Cream Cookies (powdered sugar, unbleached wheat flour, shortening [partially hydrogenated soybean oil], cocoa processed with alkali, sugar, milk powder, caramel color, chocolate liquor, natural vanilla, baking soda, salt, soy lecithin, and ammonium bicarbonate)]

**Allergens:** milk, soy, wheat. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.

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**Peanut Butter Chip Frozen Yogurt**

Serving Size: 0.5 cups-2.6 oz

Servings per Container: about 4

<table>
<thead>
<tr>
<th>Calories</th>
<th>150</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories from Fat</td>
<td>53</td>
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<tr>
<td>Total Fat</td>
<td>5g</td>
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<tr>
<td>Saturated Fat</td>
<td>2g</td>
</tr>
<tr>
<td>Trans Fat</td>
<td>0g</td>
</tr>
</tbody>
</table>
Cholesterol 10mg
Sodium 65mg
Total Carbohydrates 20g

**Ingredients:** Yogurt Mix (low fat milk, cultured skim milk, sugar, corn syrup, cream, whey, nonfat dry milk, mono and diglycerides, cellulose gum, polysorbate 80, carageenan, locust bean gum, and guar gum), Peanut Butter Base (peanuts, cottonseed oil and/or peanut oil, high fructose corn syrup, and salt), Chocolate Chips (sugar, chocolate liquor, cocoa butter, dextrose, soy lecithin, salt, and vanilla)

**Allergens:** milk, peanuts, soy. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.

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**Peanut Butter Silk Ice Cream**

Serving Size: 0.5 cups-2.9 oz
Servings per Container: 4

**Calories** 240
**Calories from Fat** 131
**Total Fat** 15g
Saturated Fat 7g
Trans Fat 0g
**Cholesterol** 40mg
**Sodium** 140mg
**Total Carbohydrates** 23g

**Ingredients:** [Ice Cream Mix (cream, nonfat milk, sugar, corn syrup, whey [milk], dextrose, guar gum, locust bean gum, and carageenan), French Silk Chocolate Syrup (high fructose corn syrup, nonfat milk, butter, corn syrup, chocolate liquor, sugar, sodium citrate, whey, vanilla extract, potassium sorbate, disodium phosphate, locust bean gum, guar gum, and soy lecithin), Peanut Butter Syrup (peanut butter, sugar, peanut oil, salt, and partially hydrogenated palm oil), Dark Chocolate Flakes (sugar, coconut oil, cocoa processed with alkali, partially hydrogenated coconut oil, cocoa, salt, soy lecithin, and natural flavor)]

**Allergens:** milk, peanuts, soy. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.

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**Peanut Butter Truffle Shuffle Ice Cream**

Serving Size: 0.5 cups-2.9 oz
Servings per Container: about 4

**Calories** 220
**Calories from Fat** 120
**Total Fat** 13g
Saturated Fat 6g
Trans Fat 0g
**Cholesterol** 40mg
**Sodium** 105mg
**Total Carbohydrates** 21g

**Ingredients:** [Ice Cream Mix (cream, nonfat milk, sugar, corn syrup, whey [milk], dextrose, guar gum, locust bean gum, and carageenan), Peanut Butter Syrup (peanut
butter, sugar, peanut oil, salt, and partially hydrogenated palm oil), Frommage Flavor Base (water, sugar, cream cheese [cultured pasteurized milk and cream, salt, enzymes], corn syrup, natural flavors, salt, pectin, egg yolks, sodium citrate, titanium dioxide, mono and diglycerides, phosphoric acid, monocalcium phosphate, glycerol monostearate, disodium phosphate, and potassium sorbate), Peanut Butter Truffle (sugar, peanut butter, partially hydrogenated palm kernel oil, dextrose, cocoa processed with alkali, coconut oil, natural flavor, salt, and soy lecithin)]

**Allergens:** egg, milk, peanuts, soy. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.

### Pistachio Ice Cream

- **Serving Size:** 0.5 cup-2.9 oz
- **Servings per Container:** about 4

- **Calories** 210
- **Calories from Fat** 114
- **Total Fat** 13g
- **Saturated Fat** 7g
- **Trans Fat** 0g
- **Cholesterol** 40mg
- **Sodium** 50mg
- **Total Carbohydrates** 19g

**Ingredients:** [Ice Cream Mix (cream, nonfat milk, sugar, corn syrup, whey [milk], dextrose, guar gum, locust bean gum, and carageenan), Pistachios, Pistachio Base (propylene glycol, water, turmeric extract, natural flavor, ethyl alcohol, and blue 1)]

**Allergens:** milk, tree nuts. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.

### Pralines N Cream Ice Cream

- **Serving Size:** 0.5 cup-2.9 oz
- **Servings per Container:** 4

- **Calories** 290
- **Calories from Fat** 109
- **Total Fat** 12g
- **Saturated Fat** 7g
- **Trans Fat** 0g
- **Cholesterol** 40mg
- **Sodium** 140mg
- **Total Carbohydrates** 41g

**Ingredients:** [Ice Cream Mix (cream, nonfat milk, sugar, corn syrup, whey [milk], dextrose, guar gum, locust bean gum, and carageenan), Caramel Syrup (corn syrup, water, high fructose corn syrup, sugar, butter, buttermilk powder, skim milk powder, pectin, mono and diglycerides, salt, sodium bicarbonate, potassium sorbate, sodium citrate, and xanthan gum), Praline Pecan Pieces (sugar, pecans, butter [milk], salt, and corn syrup)]

**Allergens:** milk, tree nuts. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.
### Pumpkin Ice Cream
Serving Size: 0.5 cups-2.9 oz
Servings per Container: about 4
- **Calories**: 200
- **Calories from Fat**: 94
- **Total Fat**: 10g
- **Saturated Fat**: 6g
- **Trans Fat**: 0g
- **Cholesterol**: 40mg
- **Sodium**: 50mg
- **Total Carbohydrates**: 22g
**Ingredients:**  
Ice Cream Mix (cream, nonfat milk, sugar, corn syrup, whey [milk], dextrose, guar gum, locust bean gum, and carageenan), Pumpkin Ice Cream Base (brown sugar, high fructose corn syrup, pumpkin puree, sweetened condensed milk, molasses, water, annatto extract, natural flavors, artificial flavors, caramel color, spices [cinnamon, ginger, nutmeg, cloves], potassium sorbate, salt, citric acid, xanthan gum, and sodium benzoate), Pumpkin Pie Spice

**Allergens:** milk. This product contains sulfites. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.

### Cookies and Cream Ice Cream
Serving Size: 0.5 cups-2.9 oz
Servings per Container: about 4
- **Calories**: 200
- **Calories from Fat**: 108
- **Total Fat**: 12g
- **Saturated Fat**: 6g
- **Trans Fat**: 0g
- **Cholesterol**: 40mg
- **Sodium**: 70mg
- **Total Carbohydrates**: 20g
**Ingredients:**  
Ice Cream Mix (cream, nonfat milk, sugar, corn syrup, whey [milk], dextrose, guar gum, locust bean gum, and carageenan), Quartered Cream Cookies (powdered sugar, unbleached wheat flour, shortening [partially hydrogenated soybean oil], cocoa processed with alkali, sugar, milk powder, caramel color, chocolate liquor, natural vanilla, baking soda, salt, soy lecithin, and ammonium bicarbonate)

**Allergens:** milk, soy, wheat. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.

### Crème de Menthe Frozen Yogurt
Serving Size: 0.5 cups-2.6 oz
Servings per Container: about 4
- **Calories**: 130
- **Calories from Fat**: 35
- **Total Fat**: 3g
- **Saturated Fat**: 2g
**French Silk Ice Cream**
Serving Size: 0.5 cups-2.9 oz
Servings per Container: about 289
**Calories** 220  
**Calories from Fat** 117  
**Total Fat** 13g  
Saturated Fat 7g  
Trans Fat 0g  
**Cholesterol** 40mg  
**Sodium** 120mg  
**Total Carbohydrates** 23g  
**Ingredients:** [Ice Cream Mix (cream, nonfat milk, sugar, corn syrup, whey [milk], dextrose, guar gum, locust bean gum, and carageenan), French Silk Chocolate Syrup (high fructose corn syrup, nonfat milk, butter, corn syrup, chocolate liquor, sugar, sodium citrate, whey, vanilla extract, potassium sorbate, disodium phosphate, locust bean gum, guar gum, and soy lecithin), Dark Chocolate Flakes (sugar, coconut oil, cocoa processed with alkali, partially hydrogenated coconut oil, cocoa, salt, soy lecithin, and natural flavor)]  
**Allergens:** milk, soy. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.

**Grasshopper Pie Ice Cream**
Serving Size: 0.5 cups-2.9 oz
Servings per Container: about 4
**Calories** 200  
**Calories from Fat** 107  
**Total Fat** 12g  
Saturated Fat 6g  
Trans Fat 0g  
**Cholesterol** 40mg  
**Sodium** 65mg  
**Total Carbohydrates** 20g  
**Ingredients:** [Ice Cream Mix (cream, nonfat milk, sugar, corn syrup, whey [milk], dextrose, guar gum, locust bean gum, and carageenan), Quartered Cream Cookies]
(powdered sugar, unbleached wheat flour, shortening [partially hydrogenated soybean oil], cocoa processed with alkali, sugar, milk powder, caramel color, chocolate liquor, natural vanilla, baking soda, salt, soy lecithin, and ammonium bicarbonate), Crème de Menthe Liqueur, Peppermint Flavor)

**Allergens:** milk, soy, wheat. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.

### Mackinac Island Fudge Ice Cream

- **Serving Size:** 0.5 cups-2.9 oz
- **Servings per Container:** about 4
- **Calories:** 220
- **Calories from Fat:** 120
- **Total Fat:** 13g
- **Saturated Fat:** 6g
- **Trans Fat:** 0g
- **Cholesterol:** 40mg
- **Sodium:** 70mg
- **Total Carbohydrates:** 21g

**Ingredients:** Ice Cream Mix (cream, nonfat milk, sugar, corn syrup, whey [milk], dextrose, guar gum, locust bean gum, and carageenan), Moose Tracks Fudge Pieces (powdered sugar [sugar, corn starch], peanut oil, cocoa processed with alkali, whey [milk], salt, and soy lecithin), Fudge Sauce (sugar, peanut oil, cocoa processed with alkali, whey powder [milk], salt, and soy lecithin), Pure Vanilla Extract (water, alcohol, sugar, and vanilla bean extractives)

**Allergens:** milk, soy. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.

### Mango Ice Cream

- **Serving Size:** 0.5 cups-2.9 oz
- **Servings per Container:** about 4
- **Calories:** 180
- **Calories from Fat:** 91
- **Total Fat:** 10g
- **Saturated Fat:** 5g
- **Trans Fat:** 0g
- **Cholesterol:** 40mg
- **Sodium:** 50mg
- **Total Carbohydrates:** 18g

**Ingredients:** Ice Cream Mix (cream, nonfat milk, sugar, corn syrup, whey [milk], dextrose, guar gum, locust bean gum, and carageenan), Mango Pulp (Kesar mango, sugar, water, and citric acid)

**Allergens:** milk. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.
<table>
<thead>
<tr>
<th>Product</th>
<th>Serving Size</th>
<th>Servings per Container</th>
<th>Calories</th>
<th>Calories from Fat</th>
<th>Total Fat</th>
<th>Saturated Fat</th>
<th>Trans Fat</th>
<th>Cholesterol</th>
<th>Sodium</th>
<th>Total Carbohydrates</th>
<th>Ingredients</th>
<th>Allergens</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mint Chip Ice Cream</td>
<td>0.5 cups-2.9 oz</td>
<td>about 4</td>
<td>210</td>
<td>108</td>
<td>12g</td>
<td>7g</td>
<td>0g</td>
<td>40mg</td>
<td>60mg</td>
<td>20g</td>
<td>Ice Cream Mix (cream, nonfat milk, sugar, corn syrup, whey [milk], dextrose, guar gum, locust bean gum, and carageenan), Chocolate Chips (sugar, chocolate liquor, cocoa butter, dextrose, soy lecithin, salt, and vanilla), Crème de Menthe Liqueur, Peppermint Flavor</td>
<td>milk, soy. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.</td>
</tr>
<tr>
<td>Raspberry Chocolate Frozen Yogurt</td>
<td>0.5 cups-2.6 oz</td>
<td>about 4</td>
<td>130</td>
<td>30</td>
<td>3g</td>
<td>2g</td>
<td>0g</td>
<td>10mg</td>
<td>40mg</td>
<td>23g</td>
<td>Yogurt Mix (low fat milk, cultured skim milk, sugar, corn syrup, cream, whey, nonfat dry milk, mono and diglycerides, cellulose gum, polysorbate 80, carageenan, locust bean gum, and guar gum), Red Raspberry Ripple Flavor (high fructose corn syrup, water, corn syrup, raspberry puree, modified food starch, natural flavor, artificial flavor, sodium benzoate, potassium sorbate, citric acid, and red 40), Chocolate Chips (sugar, chocolate liquor, cocoa butter, dextrose, soy lecithin, salt, and vanilla), Citric Acid (water, citric acid)</td>
<td>milk, soy. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.</td>
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<tr>
<td>Rocky Road Ice Cream</td>
<td>0.5 cups-2.9 oz</td>
<td>about 4</td>
<td>210</td>
<td>98</td>
<td>11g</td>
<td>6g</td>
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<td>Calories from Fat</td>
<td>Total Fat</td>
<td>Saturated Fat</td>
<td>Trans Fat</td>
<td>Cholesterol</td>
<td>Sodium</td>
<td>Total Carbohydrates</td>
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<tr>
<td><strong>Scottish Pride Ice Cream</strong></td>
<td>0.5 cups-2.9 oz</td>
<td>about 4</td>
<td>220</td>
<td>105</td>
<td>12g</td>
<td>5g</td>
<td>0g</td>
<td>30mg</td>
<td>80mg</td>
<td>25g</td>
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<tr>
<td><strong>Strawberry Cheesecake Frozen Yogurt</strong></td>
<td>0.5 cups-2.6 oz</td>
<td>about 4</td>
<td>140</td>
<td>34</td>
<td>3g</td>
<td>1g</td>
<td>0g</td>
<td></td>
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</tr>
</tbody>
</table>

**Ingredients:** [Ice Cream Mix (cream, nonfat milk, sugar, corn syrup, whey [milk], dextrose, guar gum, locust bean gum, and carageenan), Marshmallow Ripple Flavor (corn syrup, water, sugar, modified corn starch, titanium dioxide, artificial flavor, potassium sorbate, and citric acid), Chocolate Malt Syrup (water, corn syrup, malt powder, cocoa, sugar, modified corn starch, carageenan, potassium sorbate, and sorbic acid), Chocolate Almond Clusters (almonds, sugar, partially hydrogenated palm kernel oil, cocoa processed with alkali, salt, soy lecithin, and natural flavor)]

**Allergens:** milk, soy, tree nuts. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.
**Cholesterol** 10mg  
**Sodium** 70mg  
**Total Carbohydrates** 24g  

**Ingredients:** [Yogurt Mix (low fat milk, cultured skim milk, sugar, corn syrup, cream, whey, nonfat dry milk, mono and diglycerides, cellulose gum, polysorbate 80, carageenan, locust bean gum, and guar gum), Strawberry Topping (strawberry puree, corn syrup, high fructose corn syrup, sugar, water, pectin, malic acid, phosphoric acid, sodium benzoate, locust bean gum, calcium lactate, and red 40), Graham Cracker Crumbs (sugar, bleached wheat flour, partially hydrogenated cottonseed oil, partially hydrogenated soybean oil, whole wheat flour, salt, molasses, cinnamon, sodium bicarbonate, caramel color, soy lecithin, natural flavor, and sorbic acid), Frommage Flavor Base (water, sugar, cream cheese [cultured pasteurized milk and cream, salt, enzymes], corn syrup, natural flavors, salt, pectin, egg yolks, sodium citrate, titanium dioxide, mono and diglycerides, phosphoric acid, monocalcium phosphate, glycerol monostearate, disodium phosphate, and potassium sorbate)]  

**Allergens:** egg, milk, soy, wheat. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.

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**Strawberry Ice Cream**  
Serving Size: 0.5 cups-2.9 oz  
Servings per Container: about 4  
**Calories** 190  
**Calories from Fat** 94  
**Total Fat** 10g  
**Saturated Fat** 6g  
**Trans Fat** 0g  
**Cholesterol** 40mg  
**Sodium** 50mg  
**Total Carbohydrates** 20g  

**Ingredients:** [Ice Cream Mix (cream, nonfat milk, sugar, corn syrup, whey [milk], dextrose, guar gum, locust bean gum, and carageenan), Strawberry Topping (strawberry puree, corn syrup, high fructose corn syrup, sugar, water, pectin, malic acid, phosphoric acid, sodium benzoate, locust bean gum, calcium lactate, and red 40), Strawberries (strawberries, corn syrup, sugar, high fructose corn syrup, water, modified corn starch, natural flavors, citric acid, carageenan, sodium benzoate, potassium sorbate, and red 40)]  

**Allergens:** milk. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.

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**Swiss Chocolate Almond Frozen Yogurt**  
Serving Size: 0.5 cups-2.6 oz  
Servings per Container: about 4  
**Calories** 130  
**Calories from Fat** 39  
**Total Fat** 4g  
**Saturated Fat** 1g
Texas Tea Ice Cream
Serving Size: 0.5 cups-2.9 oz
Servings per Container: 4
Calories 220
Calories from Fat 113
Total Fat 13g
Saturated Fat 6g
Trans Fat 0g
Cholesterol 40mg
Sodium 80mg
Total Carbohydrates 22g
Ingredients: [Ice Cream Mix (cream, nonfat milk, sugar, corn syrup, whey [milk], dextrose, guar gum, locust bean gum, and carageenan), Chocolate Syrup (water, corn syrup, high fructose corn syrup, cocoa processed with alkali, cocoa, molasses, salt, potassium sorbate, and disodium phosphate), Moose Tracks Fudge Pieces (powdered sugar [sugar, corn starch], peanut oil, cocoa processed with alkali, whey [milk], salt, and soy lecithin), Fudge Sauce (sugar, peanut oil, cocoa processed with alkali, whey powder [milk], salt, and soy lecithin), Pure Vanilla Extract (water, alcohol, sugar, and vanilla bean extractives)]
Allergens: milk, soy. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.

Vanilla Chocolate Chip Ice Cream
Serving Size: 0.5 cups-2.9 oz
Servings per Container: about 4
Calories 210
Calories from Fat 109
Total Fat 12g
Saturated Fat 7g
Trans Fat 0g
Cholesterol 40mg
Sodium 55mg
Total Carbohydrates 20g
**Ingredients:** [Ice Cream Mix (cream, nonfat milk, sugar, corn syrup, whey [milk], dextrose, guar gum, locust bean gum, and carageenan), Chocolate Chips (sugar, chocolate liquor, cocoa butter, dextrose, soy lecithin, salt, and vanilla), Pure Vanilla Extract (water, alcohol, sugar, and vanilla bean extractives)]

**Allergens:** milk, soy. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.

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**Vanilla Frozen Yogurt**

Serving Size: 0.5 cups-2.6 oz  
Servings per Container: about 4  
**Calories** 110  
**Calories from Fat** 27  
**Total Fat** 3g  
Saturated Fat 1g  
Trans Fat 0g  
**Cholesterol** 10mg  
**Sodium** 40mg  
**Total Carbohydrates** 19g  
**Ingredients:** [Yogurt Mix (low fat milk, cultured skim milk, sugar, corn syrup, cream, whey, nonfat dry milk, mono and diglycerides, cellulose gum, polysorbate 80, carageenan, locust bean gum, and guar gum), Pure Vanilla Extract (water, alcohol, sugar, and vanilla bean extractives)]  
**Allergens:** milk. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.

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**Vanilla Ice Cream**

Serving Size: 0.5 cups-2.9 oz  
Servings per Container: about 4  
**Calories** 190  
**Calories from Fat** 103  
**Total Fat** 11g  
Saturated Fat 6g  
Trans Fat 0g  
**Cholesterol** 40mg  
**Sodium** 60mg  
**Total Carbohydrates** 18g  
**Ingredients:** [Ice Cream Mix (cream, nonfat milk, sugar, corn syrup, whey [milk], dextrose, guar gum, locust bean gum, and carageenan), Pure Vanilla Extract (water, alcohol, sugar, and vanilla bean extractives)]  
**Allergens:** milk. This product is produced in a facility that contains peanuts and tree nuts and may contain traces of those products.